



GROUP ACTIVITIES GUIDE



BIKE TOURS

Availability: 10 bikes

Fairmont Sonoma offers 10 bikes available for group activity. Tour the back roads of beautiful Sonoma Valley. Private guided tours may be arranged via spa coordinator.

GUIDED HIKES

Capacity: 30 people

Private guided hikes available for groups up to 30 people and range in varying degrees of difficulty and distance. Local trails include Sonoma Regional Park, Jack London State Park, Overlook Trail, Sugarloaf and more.

SONOMA GOLF COURSE

Private, Members-only golf course located 5 minutes drive from hotel. Tennis, bocce and pickleball also available.

LAWN GAMES

Gather your teams and enjoy a little friendly competition. Choose from Corn Hole, Giant Jenga and Connect 4.

WINE TASTING

Famous worldwide for our wines, Sonoma County's wineries are a favorite global destination for winery tours and tastings. Group tours, tastings and blending sessions may be arranged.

NEARBY ACTIVITIES

Sonoma is home to over 250 of the world's best wineries for tours and tasting, as well as offsite catered events. Experience exciting activities like hot air balloon rides, race car driving at Sonoma Raceway, horseback rides in the vineyards, sip & cycle wine tasting, zip-lining in the redwoods, Segway tours and rentals, Safari West, shopping & antiques, art galleries, California history tours and so much more.

CULINARY TEAM BUILDING

Our chefs create bespoke out-of-the-box team building activities for a fun and competitive experience.

CULINARY DEMONSTRATIONS

Tailored classes may be scheduled as participative, where you cook alongside our Chef. Or experience a demonstration format, where you watch the Chef instructor work their culinary magic.

GRAPE STOMPING

Team building activity for up to 100 attendees on our outdoor lawn. Grape Stomping is a great team building option at the resort or at a winery. Unmatched photo opportunities.

OFFSITE CATERING

Fairmont Sonoma Mission Inn & Spa caters phenomenal off-site events.



Group pricing for all activities is subject to availability, and may be limited to a number of guests.



GROUP GUIDE ACTIVITIES - *continued*

YOGA CLASSES

Capacity: 25 people in Spa Studio

Private instructor yoga classes for groups up to 30 people in the spa studio or on the lawns.

SPA TREATMENTS

Capacity: 28 Treatments Rooms

Our award-winning Fairmont Spa can accommodate up to 28 simultaneous treatments. Spa services include: Massage, body scrubs, facials and nail services.

SPA WORKSHOPS

Workshops are a great opportunity to turn any group meeting into a retreat. A minimum of 10 people are required for each workshop. 30 day minimum advance request for a group workshop. Sample workshops:

PILATES WORKSHOP (2 hours)

Utilizing the principles of Pilates to develop a stronger connected core, improve posture and alignment, create more flexible, resilient muscles and greater balance.

YOGA FOR HEALTH AND WELL-BEING (2 hours)

Join us for Gentle Yoga, Healing Music, Deep Relaxation and Self-Healing Practices from Acupressure to Reflexology.

PRACTICES FOR INSOMNIA (2 hours)

Postures and breath patterns, as well as meditations that are geared toward improving your quality, depth and length of sleep. Practice also includes Restorative Yoga and Yoga Nidra to help release deep seated tension and to balance sleep hormones.

ZIN & ZEN RETREAT (2 hours)

90-minute all levels Yoga practice, relaxation and meditation.

HAVE A BALL - MYOFASCIAL MAGIC (2 hours)

Explore the magic of self-care through the use of special balls and foam rollers, to relieve pain, speed up recovery from injury, increase your range of movement, enhance your athletic performance, deepen your sleep and release stress.

SEASONAL DETOX FLOW (2 hours)

As the seasons change, it is beneficial to balance our bodies by using the sciences of Yoga and Ayurveda. Each workshop includes pranayama, asanas and meditations designed to help us detox. Some yoga experience required.

CREATING MAGIC AND INTENTION (2 hours)

Explore our magic using the astrological weather, meditation and ritual. Get ready to receive the magic that is surrounding us.

Group pricing for all activities is subject to availability, and may be limited to a number of guests.